

RSE/ PSHE: Long term Plan

	Autumn 1 Relationships	Autumn 2 Health & wellbeing	Autumn 3 Living in the wider world	Spring 4 Relationships	Summer 5 Health & wellbeing	Summer 6 Living in the wider world
Year 8	Consent Changing Friendships Marriage and types of families Roles and Responsibilities of parents Healthy relationships Sexual harassment Sharing Indecent images	Dental Health and Hygiene Bullying and Cyberbullying Physical and Mental wellbeing Nutrition Drug laws and managing risks Alcohol and Cannabis	Online digital Safety Online Reputation Critical thinking and fake news Work and career Literacy (values) Self confidence	Racism, sexism Religious and disability discrimination Radicalisation Social influences Knife crime	FGM Cyber crime Gambling Digital resilience Substance misuse Gang exploitation	Change, loss and bereavement First aid and life-saving Rights in the community Financial decision making
Year 9	Consent Changing Friendships Marriage and types of families Roles and Responsibilities of parents Healthy relationships Sexual harassment Sharing Indecent images	Dental Health and Hygiene Bullying and Cyberbullying Physical and Mental wellbeing Nutrition Drug laws and managing risks Alcohol and Cannabis	Online digital Safety Online Reputation Critical thinking and fake news Work and career Literacy (values) Self confidence	Racism, sexism Religious and disability discrimination Radicalisation Social influences Knife crime	FGM Cyber crime Gambling Digital resilience Substance misuse Gang exploitation	Change, loss and bereavement First aid and life-saving Rights in the community Financial decision making
Year 10	Consent Preventing teenage pregnancy Marriage Roles and Responsibilities Sexual Health (Contraception and STIs) STIs and Pornography	Quality Sleep Bullying and Cyberbullying Nutrition Drugs - Drug laws and managing risks Alcohol and Cannabis	Cop 28 – Climate Change Debt & Gambling Developing skills and Aspirations for careers Careers and opportunities in the workplace	Discrimination Pornography Extremism Radicalisation	Exam revision	Exam revision

	Sharing Indecent images					
Year 11	What is Consent? Unplanned Pregnancy Roles and Responsibilities of Parents What is sexual health? Impact of sharing Indecent Images Sexual Health (Contraception and STIs)	Importance of sleep Bullying and Cyberbullying Diet and exercise choices Attitude and behaviours to drug use Drug laws and managing risks Effects of alcohol and Cannabis	Careers Applying for post 16 Labour Market Information CV writing Mock interviews			N/A