## RSE/ PSHE: Long term Plan

	Autumn 1	Autumn 2	Autumn 3	Spring 4	Summer 5	Summer 6
	Relationships	Health & wellbeing	Living in the wider	Relationships	Health &	Living in the wider
			world		wellbeing	world
Year	Consent	Dental Health and	Online digital Safety	Racism, sexism	FGM	Change, loss and
8	Changing Friendships	Hygiene	Online Reputation	Religious and	Cyber crime	bereavement
	Marriage and types of families	Bullying and Cyberbullying	Critical thinking and fake	disability	Gambling	First aid and life-saving
	Roles and Responsibilities of	Physical and Mental	news	discrimination	Digital resilience	Rights in the
	parents	wellbeing	Work and career Literacy	Radicalisation	Substance misuse	community
	Healthy relationships	Nutrition	(values)	Social influences	Gang exploitation	Financial decision
	Sexual harassment	Drug laws and managing	Self confidence	Knife crime		making
	Sharing Indecent images	risks Alcohol and Cannabis				
V = = =	Consent	Dental Health and	Online digital Cafety	Dagiem soviem	FGM	Change loss and
Year	Changing Friendships		Online digital Safety Online Reputation	Racism, sexism Religious and		Change, loss and bereavement
9	Marriage and types of families	Hygiene	Critical thinking and fake	disability	Cyber crime Gambling	First aid and life-saving
	Roles and Responsibilities of	Bullying and Cyberbullying Physical	news	discrimination	Digital resilience	Rights in the
	parents	and Mental wellbeing	Work and career Literacy	Radicalisation	Substance misuse	community
	Healthy relationships	Nutrition	(values)	Social influences	Gang exploitation	Financial decision
	Sexual harassment	Drug laws and managing	Self confidence	Knife crime	Garig exploitation	making
	Sharing Indecent images	risks	Self confidence	Kille Cillie		making
	Sharing maccent images	Alcohol and Cannabis				
Year	Consent	Quality Sleep	Cop 28 – Climate Change	Discrimination	Exam revision	Exam revision
	Preventing teenage pregnancy	Bullying and Cyberbullying	Debt & Gambling	Pornography	LAGIII I CVISIOII	EXCITITE VISION
10	Marriage	Nutrition	Developing skills and	Extremism		
	Roles and Responsibilities	Drugs - Drug laws and	Aspirations for careers	Radicalisation		
	Sexual Health (Contraception	managing risks	Careers and opportunities			
	and STIs)	Alcohol and Cannabis	in the workplace			
	STIs and Pornography					

	Sharing Indecent images				
Year	What is Consent?	Importance of sleep	Careers		N/A
11	Unplanned Pregnancy	Bullying and Cyberbullying	Applying for post 16		
	Roles and Responsibilities of	Diet and exercise choices	Labour Market		
	Parents	Attitude and behaviours	Information		
	What is sexual health?	to drug use	CV writing		
	Impact of sharing Indecent	Drug laws and managing	Mock interviews		
	Images	risks			
	Sexual Health (Contraception	Effects of alcohol and			
	and STIs)	Cannabis			